

Children's 4 week menu - from W/C 25.04.16- 16.05.16

Week 1 W/C 25.04.16	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/Am Snack	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)
Lunch	Fish Fingers Waffles and peas Yoghurt contains – Milk	Sausages Mash and Beans Yoghurt contains – Milk	Cheesy Macaroni contains – Mustard, Milk (Cheese)(Milk) Cereals – (Wheat) Eggs Garlic bread contains - Cereals (Flour), Milk (Butter) Yogurt contains – Milk	Chicken & Vegetable Soup contains – Celery Crusty Bread contains – Cereals (Wheat) Various Sandwiches contain – Cereals (wheat) Milk (Cheese)	Mince with puff pastry Pie contains - Milk (Butter), Celery Cereals (Wheat), Eggs Potatoes and Peas Fresh Fruit
Pm Snack	<u>2-3 & 3-5 room</u> Tortilla Chips and dips Chips contains – Cereal (Maize Flour) <u>Babies</u> Baby snacks	Fruit & Cereal Cereal contain – Cereal (Wheat)	Crackers, Cheese & Apple Crackers contain - Gluten (Wheat) Cheese contain – Milk (Milk) Sultanas contain – Sulphur Dioxide <u>Babies</u> Finger foods contain - Cereal (Wheat)	Home -made Pancakes, Butter & Jam Pancakes contains Eggs, Milk, (Milk) Cereals (Flour)	Fruit & Yogurt Yogurt contains – Milk (Milk)
Week 2 W/C 02.05.16	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/Am Snack	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)
Lunch	Lentil & Veg Soup contains – Celery Crusty Bread contains – Cereals (Wheat), Various Sandwiches contain – Cereals (wheat) Milk (Cheese)	Chicken Casserole Mashed Potatoes & mixed vegetables Casserole contains – Celery Cereal (Flour) Yoghurt contains – Milk	<u>Rooms</u> All Day Breakfast <u>Babies</u> Sausage, Mash & beans Yoghurt contains – Milk	Smokey bacon pasta bake with crusty bread Custard and fruit contains – Milk Raisins contain - Sulphur Dioxide	Chicken Curry with boiled rice <u>Babies</u> Chicken gravy and boiled rice Fresh fruit
Pm Snack	Various Sandwiches contain – Cereals (wheat) Milk (Cheese)	Cereal Cereals (Flour)	Home –made Scones, Contains Milk (Milk) Cereals (Flour)	Fresh Fruit & Tortilla Chips Chips contains – Cereal (Maize Flour)	Cup Cakes May contain wheat, milk
Allergy Advice	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds

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Week 3 W/C 09.05.16	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/Am Snack	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)
Lunch	<u>2-3 & 3-5 room</u> Toasties & Potato Wedges <u>Babies</u> Chicken casserole Mashed Potatoes & veg Fresh Fruit	Chicken Casserole Mashed Potatoes & Carrots Casserole contains – Celery Cereal (Flour) Yoghurt contains – Milk (Milk)	Turkey Mince, Pots & peas Yoghurt contains – Milk (Milk)	Lentil veg and tomato soup Crusty Bread Fresh Fruit	Spaghetti bolognese made with Quorn Mince Mince contains – celery Cereal (Wheat Flour) Garlic bread Cereal (flour) Milk (Butter) <u>Babies</u> Bolognese with Quorn mince & rice Fresh Fruit
Pm Snack	Banana Loaf	Sandwiches & Fruit	Homemade Cup Cakes	Raisins, Fresh Fruit & Crisps Raisins contain – Sulphur Dioxide	Yogurts & fruit contains – Milk (Milk)
Week 4 W/C 16.05.16	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/Am Snack	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)	Cereal/Toast/Fruit All contain - Cereals (Wheat)
Lunch	Chicken, carrot and rice soup contains - Celery Apple Pie/crumble Contains – Cereals (Wheat) Custard contains – Milk (Milk) Eggs, Cereals (Wheat)	All Day Breakfast Fruit	Chicken Curry & Rice Ice Cream contains – Milk (Milk)	Macaroni Cheese contains – Milk (Milk) Garlic bread Yoghurt	Fish Fingers waffles & beans Yoghurt
Pm Snack	Cereal & Fresh Fruit Bread contains – Cereals (Wheat Flour)	Popcorn & Apples	Crackers, cheese & fruit	Homemade Scones Butter	Cereal/Toast/Fruit All contain - Cereals (Wheat)
Allergy Advice	Dishes may contain traces of nuts celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts celery, sesame seeds	Dishes may contain traces of nuts, celery, sesame seeds	Dishes may contain traces of nuts celery, sesame seeds